

After Waxing or Sugaring – What you should know

1. **Clothing** it is recommended to wear loose clothing over large areas that have been waxed or sugared after treatment. Friction over the skin can potentially cause in-grown hairs and irritation. NO skinny jeans, leggings or tights. Gentleman, please bring a clean shirt with you to wear after your back or chest treatment.
2. **Be Gentle** the first 24-48 hours! Shower with warm water and use a very gentle/neutral cleanser to clean the facial area and body. The use of harsh soaps or scrubs can cause hives, breakouts and in-grown hairs. It is important not to over stimulate the skin. It is recommended to moisturize the area. Some with natural products are Squalene Oil, Organic Aloe Gel or Manuka Honey to sooth and heal the skin after the first few days.
3. **Exfoliate** 24 to 48 hours after treatment to prevent the build-up of dead skin cells which can cause in-grown hair. We recommend the use of gentle exfoliating scrubs or clean scrub bath gloves, which can be purchase at your local drug store or dollar store.
4. **Healing** the waxed or sugared areas will need to heal for 24-48 hours. You may see redness similar to a light sunburn, red speckling where the hair root was removed, and very rarely hives. The skin can be slightly tender to the touch after waxing and sometimes after sugaring. If you have been waxing or sugaring for a long time or have remarkable skin you may have sensitivity for only a few hours.
5. **Avoid** scented lotions and perfumes, as well as all topical Alpha and Beta Hydroxy products, retinol products, benzoyl peroxide and salicylic acid products for 48 hours. Treat your skin as if it has a sun burn. Some natural recommended products to apply to the area would be aloe gel, squalene oil & manuka honey.
6. **After Care** Exfoliating will exfoliate and soften the skin so the hair can reach the surface. Using moisturizing products to prevent ingrown hairs will save you from unsightly scaring. You can also apply a cold compress to area to reduce irritation after treatment.
7. **NO HOT** showers, baths, hot tubs, sun exposure or the use of tanning beds for the first 24 hours.

